

# Basic Hup & Stay

## Step 1:



We start training the basic hup on the floor. While holding a small treat, use your hand to gently push the pup's rump to the floor. Quietly repeat the word "Hup" several times. Do not give the treat but allow the pup to nose it.

Try to remove your hand from holding the pup's rear down, still repeating the word "Hup." If the pup tries to stand, say no and again apply pressure to the rear while saying "Hup." If the pup keeps rear to the floor, give him the treat.

Most spaniels will accomplish this step in one or two days.

## Step 2:



Once you've been successful getting the pup to hup as above, repeat the process, but now in a squat. You want to keep a close contact with the pup, at least within hand length so if the pup leaves the hup position, you can easily correct him. Start this step no using a treat.

If you are not successful, try with a treat. If that doesn't work, go back to sitting. You should be able to begin to rise within a day or two.

## Step 3:



You should start this in a squat, and then try to rise. If the pup remains seated, use your opposite hand as shown in photo and introduce the term "Stay".

Your spaniel should accomplish this in a day or two. It is very important that you release the pup by returning to him and touching him. Be sure to lavish him with phrase. **DO NOT LET THE PUP RELEASE HIMSELF.**

**Step 4:**



**Continue to try to straighten your body. But now try to step back from the pup. The first days try to stay within arm's reach in case the pup rises from the hup position so you can correct him. Try to walk a circle clockwise around the pup without him moving. Then try it counter-clockwise. If you are successful, take an additional step back and repeat the circles both ways.**

**Never allow the pup to release himself, always go up to the pup and touch him when he is allowed to move.**

**Step 5:**



**Try to have a different person go through the exercise.**

**Step 6:**



**Finally, introduce the whistle. A single pip is the signal for a spaniel to hup. The open hand is the signal to stay.**

**You should attempt to move back from the pup always keeping your body towards the sitting pup. If you find the pup tries to get up, pip the whistle and step forward again.**

**Try to get at least 10 feet back from the pup with him remaining seated.**

**Step 7:**



**We use pre cut pepperoni that we cut into quarter or eights. We never give more than one full slice at any training session.**

**Once your pup has learned these basics, you should have him hup before you feed him, before he goes through a door, before he enters his kennel.**